



Gottman Level II Couples Therapy Clinical Training Certification

Sponsored by the Mu Beta chapter of Chi Sigma Iota
at Western Michigan University

The four-day level II training will give you new insight into couples' struggles using research-based assessments and effective interventions. This video training program combines video lecture footage presented by Drs. John and Julie Gottman, actual video from the Gottman's research with couples, and film clips from the Gottmans' clinical practice. Participants are required to participate in all 10 Gottman Intervention role plays over the course of the training. Each participant will receive a new 500-page clinical training manual written by Drs. John and Julie Gottman. The manual includes the latest research in Gottman Couples Therapy plus Basics of Observation, Couples Assessment, Assessment Questionnaires, Individual Interviews, Feedback Session and a library of Gottman Method Interventions. Clinicians will be able to use and apply the Assessments, Interventions, and clinical tools immediately with their couples. This program is eligible for 21 Continuing Education hours through PESI, for an additional \$39.99. Information on purchasing CE hours will be discussed on day 4 of the training.

To receive your level II certification, you must be in attendance for the entire training. Attendance is monitored by a proctor, Dr. Stephanie Burns, Assistant Professor of Counselor Education and Counseling Psychology for those desiring certification and/or continuing education credits.

Fri, May 12, 2017
Sangren Hall 2710
8:45am-5pm

Sat, May 13, 2017
Sangren Hall 1710
8:45am-5pm

Fri, May 19, 2017
Sangren Hall 1710
8:45am-5pm

Sat, May 20, 2017
Sangren Hall 1710
8:45am-5pm

Educational Objectives of this Video Training

- ◆ Assess a couple's "Friendship Profile," "Conflict Profile," and "Shared Meanings Profile"
- ◆ Develop interventions that couples can use as antidotes to the "Four Horsemen"
- ◆ Help couples to soothe physiological flooding
- ◆ Apply six modes of changing the "Attack/Defend System" in a couple's interactions
- ◆ Assist couples in establishing dialogue about their grid-locked conflicts
- ◆ Interventions to help couples deepen their "Friendship System" with rituals of connection
- ◆ Interventions to help couples create a shared system of values and meaning
- ◆ Understand the five different co-morbidities common when using Gottman Interventions

Lunch is NOT included. An hour break for lunch will be provided. Close campus options include Flossie's Café, Berhard Café, Biggby Coffee, and Subway.

Certification Parking Information

◆ If you do not have a WMU Main Campus parking pass, you are required to purchase a permit to park. You can pre-order one with your registration and it will be e-mailed to you the day before the certification training. You can also wait and purchase a daily permit the day of the workshop for \$5 at 2507 W. Michigan Avenue (one block east of the intersection of Howard Street and W. Michigan Ave) (269) 387-4609. If closed, permits may be obtained at the WMU Police Station at 511 Monroe Street (269) 387-5555. If you are paying for a parking permit, you must park in Lot 80 in the parking spaces marked C, W, or Any Valid Permit (D-8 on the campus map). www.wmich.edu/maps/wmupmap.pdf

Certification Registration, Rates & Payment Methods

Register at <http://www.stephanietburns.com/gottman2.html> and pay with your credit/debit card, and/or PayPal Balance.

We cannot offer refunds after April 30, 2017.

Have a WMU Main Campus Parking Pass

- ◆ **\$230** for current Chi Sigma Iota members.
- ◆ **\$280** if you are not a Chi Sigma Iota member.

Need a WMU Main Campus Parking Pass

- ◆ **\$240** for current Chi Sigma Iota members.
- ◆ **\$290** if you are not a Chi Sigma Iota member.

Seating is limited. Registration and payment must be made online by April 30, 2017.

You MUST have completed Gottman Level I training PRIOR to taking Gottman Level II training.